



CHAROSES (Sephardic Passover table)

Stabilization (Week 3) & Maintenance

Ingredients

1/4 cup chopped raisins
1/4 cup chopped dates
2 TBS toasted pine nuts, walnuts OR almonds
1/2 cup water
1 TSP cinnamon
pinch cloves and cardamom
lemon juice, cayenne

Instructions

In medium bowl, combine the ingredients with a fork. Mix well. Taste and adjust seasoning as desired.

Portion-Per-Serving Information (Serves 8):

Serving = 2 TBS = 1 FR, 1/2 FT