



## SALSA ROASTED SALMON

Intermediate Lifestyle

### INGREDIENTS

8 oz. center-cut salmon fillet, skinned and cut into 2 portions  
1 medium plum tomato, roughly chopped  
½ small onion, roughly chopped  
1 clove garlic, peeled and quartered  
1 small jalapeño pepper, seeded and roughly chopped  
1 TSP cider vinegar  
½ TSP chili powder  
1/4 TSP ground cumin  
1/4 TSP Morton's Salt  
2 or 3 dashes Frank's Hot Sauce

### INSTRUCTIONS

—Preheat oven to 400°.

—Place tomato, onion, garlic, jalapeño, vinegar, chili powder, cumin, salt and hot sauce to taste in a food processor. Process until finely chopped.

—Place salmon in a medium roasting pan, spoon the salsa on top. Roast until the salmon is just cooked through, 12 to 15 minutes.

**SERVING INFO:** (Yields 2 servings)

1 fish fillet + ½ tomato relish = 1 P, 1 V

See recipe photo at [Instagram](#) and [Facebook](#).

