

TOPLESS CHERRY PIE*

Final Lifestyle

Ingredients

2 cups Fiber One bran cereal
3 TBS light whipped butter
2 TBS Egg Beaters, Original
1 TBS cornstarch
1 20-oz. can no-sugar-added cherry pie filling
16 TBS fat-free Reddi-Whip

Instructions

- 1. Preheat oven to 350°.
- 2. In a blender or food processor, grind Fiber One to a breadcrumb-like consistency.
- 3. Melt butter in the microwave for 20 seconds.
- 4. Combine crumbs with melted butter and Egg Beaters and stir until well mixed. In an oven-safe pie dish sprayed lightly with nonstick spray, evenly distribute mixture using your hands or a flat utensil to firmly press and form the crust. Press it into the edges and up along the sides of the dish.
- 5. Bake the crust in oven for 10 minutes. Remove and allow to cool.
- 6. In a medium-sized nonstick pot, combine cornstarch with cherry filling. Heat on stove top at medium heat, stirring often. Once cherry mixture begins to bubble, lower heat and continue to stir for 3 minutes. Remove from heat and allow to cool for several minutes.
- 7. Evenly spoon cherry mixture into pie crust and allow pie to cool and set in the refrigerator for several hours before cutting and serving.
- 8. Before serving, top each slice with a dollop of fat-free whipped topping.

Portion-Per-Serving Information (Yields 8 servings): 1 serving = 1/8 slice = 1 FR, 1/2 G

*www.hungrygirl.com