

TOMATO PAPAYA SALSA

Final Lifestyle

Ingredients

ripe papaya (about 1 pound), peeled, seeded and diced
large ripe plum tomatoes, seeded and diced
cup diced red onion
1-1/2 TSP finely minced and seeded jalapeño
TBS chopped fresh cilantro
Finely grated zest of 1 lime
cup fresh lime juice

Instructions

- 1. Gently combine all the ingredients in a bowl.
- 2. Refrigerate, covered, until ready to use, up to 4 hours.

Portion-Per-Serving Information: (Yields 2 servings)

Serving = $\frac{1}{2}$ cup = 1 V