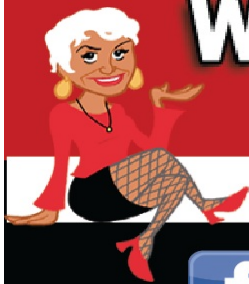


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## SNAPPER AND SNAPS IN A PACKET

Final Lifestyle

### Ingredients

3 cups sugar snap peas or snow peas  
4 red snapper fillets (5 to 6 oz. each)  
2 TBS lemon juice  
2 TSP olive oil  
Morton's Salt and black pepper to taste  
cooking spray

### Instructions:

1. Preheat oven to 450° (or prepare gas or charcoal grill).
2. In a bowl, toss together the peas, lemon juice, olive oil, salt and pepper.
3. Spray four 15" lengths of foil with cooking spray. Place each snapper fillet on ½ of the foil.
4. Top each fillet with approximately ¾ cup of the pea mixture. Fold the foil over the fish and peas, and seal by folding over all edges.
5. Place the packets on a baking sheet, place on oven shelf (or directly onto the grill) and cook for 10 to 12 minutes.

Portion-Per-Serving Information: (Yields 4 servings)

Serving = 1 fillet and ¾ cup pea mixture = 1 P, 1-1/2 V