



PERFECT ROAST TURKEY

Basic Lifestyle

INGREDIENTS

1 (12 pound) fresh turkey
Kosher salt
Freshly ground black pepper
1 large bunch fresh thyme
1 lemon, halved
1 Spanish onion, quartered

1 head garlic, halved crosswise
4 TBS extra virgin olive oil
Garlic powder
Onion powder
Paprika

INSTRUCTIONS

—Preheat the oven to 350°.

—Take the giblets out of the turkey and wash the turkey inside and out. Remove any excess fat and leftover pin feathers, and pat the outside dry.

—Place the turkey in a large roasting pan. Liberally salt and pepper the inside of the turkey cavity. Stuff the cavity with the thyme, lemon, onion, quartered, and the garlic.

—Brush the outside of the turkey with the olive oil and sprinkle with salt, pepper, onion powder, garlic powder, and a little paprika. Tie the legs together with string, and tuck the wing tips under the body of the turkey.

—Roast the turkey for 2-1/2 hours, basting from time to time with pan juices, until the juices run clear when you cut between the leg and the thigh.

—Remove the turkey to a cutting board, and cover with foil; let it rest for 20 minutes. Slice the turkey and serve hot.

SERVING INFO: (Serves 8-10)

Serving size = 4 oz. = 1 P