



## Green Beans With Lemon and Brownd Garlic

Basic Lifestyle

### INGREDIENTS

3/4 cup water  
1 pound green beans, trimmed  
2-1/2 TSP olive oil  
3 garlic cloves, minced  
3 TBS fresh lemon juice  
1/8 TSP salt  
1/8 TSP pepper

### INSTRUCTIONS

—Bring water to boil in large nonstick skillet; add beans. Cook 3 minutes; drain, set aside.

—Heat oil in skillet over medium-high heat. Add garlic and beans, and sauté 1 minute.

—Add juice, salt, and pepper; sauté 1 minute.

### SERVING INFO: (Serves 4)

17 cooked, whole string beans = 1 V

See photo of this recipe at [Instagram](#) and [Facebook](#).