



GINGERED CRANBERRY-RASPBERRY RELISH *Advanced Lifestyle*

Ingredients

- 1 12-ounce package fresh cranberries
- ½ cup granulated Splenda
- ½ cup minced crystallized ginger (choose soft nuggets over disks, if possible)
- 3 cups raspberries (2 pints), fresh or frozen (not thawed)

Instructions

1. Pulse cranberries in a food processor until coarsely chopped. Transfer to a medium bowl.
2. Stir in Splenda and crystallized ginger. Gently stir in raspberries—it's fine to crush some of them. Cover and refrigerate for at least 3 hours to let the flavors combine.

Portion-Per-Serving Information (Yields 16 servings, approximately 4 cups):

1 serving = 4 TBS = 1 FR