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CAULIFLOWER with PAPRIKA-GARLIC SAUCE

Basic Lifestyle

Ingredients:

- 4 cups cauliflower florets
- 1 TSP olive oil
- 2 garlic cloves, minced
- 2 TBS apple juice
- 1 TBS parsley, chopped
- 1 TBS vinegar
- 1-1/2 TSP paprika
- 1 TSP salt

Instructions

1. In a large saucepan, steam cauliflower for about 8 minutes or until tender.
2. Place cauliflower in a large bowl. Cover bowl to keep cauliflower warm.
3. In a small saucepan, heat oil. Add garlic and cook for 30 seconds.
4. Remove from heat; stir in apple juice, parsley, vinegar, paprika and salt.
5. Return to heat and cook until heated through.
6. Pour sauce over cauliflower; stir gently and serve.

Portion-Per-Serving Information (Serves 4)

Serving size = 1/2 cup = 1 V