



**BROILED RED SNAPPER WITH  
GINGER-LIME BUTTER**

Basic Lifestyle

**Ingredients**

1-1/2 TBS butter, softened  
1 TBS chopped fresh cilantro  
1 TSP minced seeded jalapeño pepper  
1/2 TSP grated lime rind  
1/2 TSP bottled fresh ground ginger  
3/4 TSP salt, divided  
4 (6 oz.) Red snapper or other firm white fish fillets  
1/4 TSP black pepper  
Cooking spray  
Lime wedges (optional)

**Instructions**

1. Combine first 5 ingredients in a bowl. Stir in 1/4 TSP salt. Cover and chill.
2. Heat a large nonstick skillet over medium-high heat. Sprinkle both sides of fish with 1/2 TSP salt and black pepper. Coat pan with cooking spray. Add fish to pan. Cook 3 minutes on each side or until fish flakes easily when tested with fork or until desired degree of doneness.
3. Place 1 fillet on each of 4 plates. Top each serving with 1-1/2 TSP butter mixture. Serve with lime wedges, if desired.

**Portion-Per-Serving Information** (Yields 4 servings): Serving = 1 fillet = 1 P