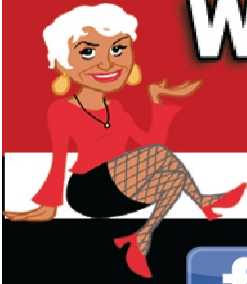


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STRAWBERRIES WITH BALSAMIC VINEGAR

Advanced Lifestyle

Ingredients

16 ounces fresh strawberries, hulled and large berries cut in half
2 TBS balsamic vinegar
1/4 cup white sugar
1/4 teaspoon freshly ground black pepper, or to taste

Instructions:

1. Place strawberries in a bowl.
2. Drizzle vinegar over strawberries, and sprinkle with sugar.
3. Stir gently to combine. Cover, and let sit at room temperature for at least 1 hour but not more than 4 hours.
4. Just before serving, grind pepper over berries.

Portion-Per-Serving Information: (Yields 4 servings)

Serving = 1 cup = 1 FR

[*www.AllRecipes.com](http://www.AllRecipes.com)