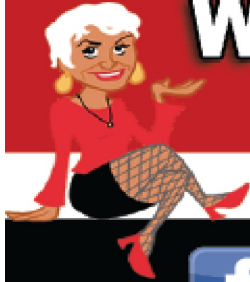


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GINGERED CRANBERRY SAUCE

Advanced Lifestyle

Ingredients

- 1-1/2 cups Splenda (for baking)
- 1/2 cup water
- 1/3 cup chopped crystallized ginger (1 2.7-oz bottle)
- 1 12-oz. package fresh cranberries

Instructions

Combine all ingredients in a medium saucepan. Bring to a boil. Reduce heat, and simmer 9 minutes or until the cranberries pop. Cool completely. Serve at room temperature.

Portion-Per-Serving Information: (Yields 12 servings)

Serving = 1/4 cup = 1 FR